CLAIMS

What is claimed is:

- 1. An ice axe device, comprising:
 - a) an elongated shaft with opposite proximal and distal ends;
 - b) a pick, disposed at the distal end of the elongated shaft;
 - c) a grip, disposed at the proximal end of the elongated shaft; and
- d) a pommel, adjustably securable to a proximal end of the grip, movable towards and away from the grip to respectively shorten and lengthen a length of the grip.

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- 2. A device in accordance with claim 1, further comprising:
- at least one spacer, selectively disposable on the grip, to selectively lengthen the length of the grip.
- 3. A device in accordance with claim 2, wherein the at least one spacer is selectively disposable between the grip and the pommel.
 - 4. A device in accordance with claim 2, further comprising:
 - a protrusion, formed on the proximal end of the grip, to receive the at least one spacer thereon; and
 - a bore, extending through the at least one spacer to receive the protrusion of the grip therethrough.
- 5. A device in accordance with claim 1, wherein the grip is a primary grip, and further comprising:
 - a secondary grip, disposed at the proximal end of the elongated shaft between the proximal end of the shaft and the primary grip; and the primary grip being off-set from the secondary grip.
- 30 6. A device in accordance with claim 5, further comprising: an attachment arm, extending rearwardly from the proximal end of the secondary grip to a distal end of the primary grip.
 - 7. A device in accordance with claim 1, further comprising:

a cavity, formed in the pommel;

a protrusion, formed on the proximal end of the grip and extendable into the cavity of the pommel; and

means for securing the protrusion in the cavity.

8. An ice axe device, comprising:

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- a) an elongated shaft with opposite proximal and distal ends;
- b) a pick, disposed at the distal end of the elongated shaft;

c) a secondary grip, disposed at the proximal end of the elongated shaft;

- d) a primary grip, disposed at a proximal end of the secondary grip; and
- e) a pommel, adjustably securable to a proximal end of the primary grip, movable towards and away from the primary grip to respectively shorten and lengthen a length of the primary grip.
- 9. A device in accordance with claim 8, further comprising: at least one spacer, selectively disposable on the primary grip, to selectively lengthen the length of the primary grip.
- 10. A device in accordance with claim 9, wherein the at least one spacer is selectively disposable between the primary grip and the pommel.
 - 11. A device in accordance with claim 9, further comprising:

a protrusion, formed on the proximal end of the primary grip, to receive the at least one spacer thereon; and

a bore, extending through the at least one spacer to receive the protrusion of the primary grip therethrough.

- 12. A device in accordance with claim 8, wherein the primary and secondary grips are off-set from one another.
 - 13. A device in accordance with claim 8, further comprising: a cavity, formed in the pommel;

a protrusion, formed on the proximal end of the primary grip, and extendable into the cavity of the pommel; and means for securing the protrusion in the cavity.

5 14. A device in accordance with claim 8, further comprising:

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an attachment arm, extending rearwardly from the proximal end of the secondary grip to a distal end of the primary grip.

15. A method for adjusting a length of a grip of an ice axe, comprising the steps of:

a) providing an ice axe having a grip and a pick disposed on respective proximal and distal ends of an elongated shank; and

- b) moving a pommel, adjustably securable to a proximal end of the grip, towards or away from the grip to respectively shorten or lengthen a length of the grip.
- 16. A method in accordance with claim 15, further comprising the step of:
 - a) removing or adding at least one spacer on the grip; and
 - b) securing the pommel to the grip.
 - 17. A method in accordance with claim 15, further comprising the step of:
 - a) removing the pommel from the grip;
 - b) removing or adding at least one spacer on the grip; and
 - c) re-securing the pommel to the grip.